

MAGAZINE OF THE WEEK



IN THE *moment*

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WOMEN'S INTERESTS

Introducing *In The Moment*, a beautiful, practical lifestyle magazine for the modern-thinking creative woman. *In the Moment* is a brand new, monthly magazine offering practical lifestyle tips for the modern creative.

Beautifully presented as a 116-paged mag, with card inserts, posters and stickers, *In The Moment* has an easy-going approach to mindfulness covering every aspect of living: creativity, wellbeing, home and travel.